PROGRAM in gives base look at bird strikes

PAGES 16-17



JULY 6, 2018

not available.

Farewell and thank you, Team Travis



by Col. John

Klein

60TH AIR

MOBILITY WING

COMMANDER

2 TAILWIND

his is my final piece of correspondence with vou as the commander of this incredible installation.

Admittedly, it is a difficult piece to write and I've procrastinated to the point of almost missing my deadline for submission for the different platforms on which it will appear. Perhaps subconsciously I'm not ready to leave the place that has become home to my family and me for six of the past nine years. I knew two years ago when I took the flag that this grand opportunity to lead the crown jewel of Air

Leadership Commentary

Mobility Command would expire way too fast.

The most exciting part has been the privileged vantage point that I've had as your commander. If I could share a single gift with each of you, it would be to implant in your minds the image of what I get to see each and every day – a majestic convergence of hard work, commitment, ingenuity, and mission generation that you and your *families* deliver for our nation. It is

eye-watering to witness the individual parts blend together into an amazing orchestra of global power projection for America.

Team Travis is at its best when faced with challenge. I've seen you boldly rise and engage upon hurricanes, floods, wildfires, a readiness reset, continuous deployments supporting joint campaigns in faraway places, a demanding reorientation to the Pacific, national-level exercises, and an ongoing operations tempo that simply does not quit. The accomplishments themselves are astounding, but I would ask that

you think beyond your actions and reflect upon the impact that they have had. Whether directly or indirectly, you have saved lives, provided comfort, eliminated evildoers, delivered hope and preserved freedom for millions of people across the planet. That is not an exaggeration, and it is most definitely something to cherish. What you do matters.

But none of this is possible without the superb coordination and support of our mission partners, our surrounding communities, and

See KLEIN Page 25

Colonel reflects on change, forward progress

he season of transitions is fully upon us. As I prepare myself and my team for the 60th Surgical Operations Squadron's change of command at the end of July, I was thinking about life in general, life as an Airman in the United States and how frenetic it can sometimes feel. It struck me that change is really one of the few constants we can count on. This year, our country visibly shift more focus to the Pacific, while our chief of staff has directed us to hone in on full-spectrum readiness

with a renewed intensitv that hasn't been seen an in Commentary

by Col. Rachel Hight 60TH SURGICAL OPERATIONS

SQUADRON

in years. Our Air Force medical services will also align more concretely under the Defense Health Agency. We'll also soon begin to transition to Operational Camouflage Pattern uniforms.

Keeping steady forward progress while generating the inevitable forward surges required to meet our nation's needs is a mighty task indeed. Yet our

Airmen and our teams rise to the occasion and surge forward, invigorated, day in and day out. We are part of a proud

Commander's Commentary

heritage and we are building that legacy each day, no matter how the winds of change buffet us.

The change in uniform is important and symbolic; It denotes another passing of an era, but, that uniform, no matter the color or patterns, unites us. Links us to each other our past, This line of thought trig-

gered me to look for this

powerful essay about the uniform that many of our Airmen may have never seen or heard. Retired Col. Karen D. Kimmel wrote, "The Uniform of My Country" while she was a captain assigned to the 57th Aeromedical Evacuation Squadron in the 375th Airlift Wing at Scott Air Force Base, Illinois. From 1965 through 1972, the 57th was an AE hub for combat and noncombat casualties coming from Vietnam, Korea, the Philippines, Guam, Japan and all over the Western Pacific and Southeast Asia. These words from her essay were part of the common "ca-

words provide a solid grounding from which we can embrace the constancy of change as we serve together in the profession of arms.

By Retired Col. Karen

Dorman Kimmel Over 200 years ago, the first thread of the uniform I wear was woven. While great men dreamed of a country of free people, the army and navy that would win her liberty had already begun to organize. As the fledgling country grew stronger, so did its uniform develop. Each button and ribbon that has been added through the years boasts See HIGHT Page 25

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rting Shots	30

On the cover

Capt. Doc Schumacher, 21st Airlift Squadron C-17 Globemaster III pilot, flies July 2 a C-17 over California during a safety office familiarity flight.

U.S. Air Force photo/Master Sgt. Joey Swafford

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www.travis.af.mil. Read the Tailwind online at http://tailwind.dailvrepublic.net or by accessThe Uniform of My Country



Travis AFB. Calif. 60th Air Mobility Wing

Air Force Col. John Klein 60th Air Mobility Wing commander

Tech. Sgt. James Hodgman NCO in charge of command information

Airman 1st Class Jonathon D. A. Carnell Command information staff writer

Airman 1st Class Christian Conrad Command information staff writer

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det knowledge" in the "Contrails" at the United States Air Force Academy in the '90s. Her

us.af.mil

Tailwind

and our future. There are some constants we can count on in the vicissitudes of life, especially military life, and the military uniform is one of them.

TRAVIS

Travis developing new hot cup handle design

Tech. Sgt. James Hodgman 60TH AIR MOBILITY WING PUBLIC AFFAIRS

Spending \$1,200 on a cup, even one that can heat liquids during flight, may sound a little expensive.

At Travis Air Force Base, California, home to the largest air mobility wing in the Air Force, work is underway to develop a solution to replace a plastic handle on a hot cup that allows air crew members to heat liquids on aircraft. Unfortunately, when dropped, the handle breaks easily, leading to the expenditure of several thousand dollars to replace the cup as replacement parts are

In 2016, the 60th Aerial Port Squadron purchased 10 hot cups for \$9,630. The price for each cup surged from \$693 to \$1,220 in 2018 resulting in a total expenditure of \$32,000 for 25 cups. That's a price jump of \$527 per cup, which leads to some price hot water.

"We started working the hot cup issue in late April," said Capt. Ryan Mc-Guire, 60th Air Mobility Wing Phoenix Spark chief and a KC-10 Extender pilot with the 9th Air Refueling Squadron. Phoenix Spark is an innovation program with the mission to bring tomorrow's tools to the warfighter today. Mc-Guire has served as the office chief since August 2017. His team of innovators are working on 50 projects, including the hot cup redesign.

"We have weekly meetings every Friday at noon and our meetings are open forums where Airmen can present problems and potential solutions," said McGuire. "The hot cup problem was shared with us because the price keeps increasing. Our office was asked to see if we could produce a 3D designed handle that is stronger than the current one."



U.S. Air Force photo/Tech. Sgt. James Hodgma

An Airman holds a hot cup inside a KC-10 Extender June 21 at Travis Air Force Base, Calif. The base is working on developing a new handle for the cup, which could save the Air Force thousands of dollars.

passenger operations flight command- the handle breaks, which requires us 3D printing option. That's when we er, shared the hot cup problem with Mc-Guire's team

"The cup has two plastic pieces, one on top that helps lift the lid and one on the side," said Abramov. "The side han-1st Lt. Dennis Abramov, 60th APS we can't order replacement parts when Abramov. "They were considering the

to purchase a whole new hot cup every time one breaks."

"After cross talk with our fellow port squadrons across Air Mobility Command, we learned Dover Air Force dle allows someone to hold the cup with- Base, Delaware, was working on deout burning their hand. Unfortunately, veloping a redesigned handle," said

brought the issue to Phoenix Spark at Travis to see if we could find a solution."

With 3D printing, a process where material is joined or solidified under computer control to create a three-dimensional object, plastic handles could

See HOT CUP Page 26

Name:

Unit:

Master Sgt. Scott Ferneding.

6th Air Refueling Squadron.

Duty title: KC-10 flight engineer evaluator and section chief.

Hometown: Cincinnati, Ohio.

Time in service: 21 years.

Family: Spouse, Michelle.

What are your goals?

I want to earn my air frame and power-plant license, dispatcher's license, open water re-breather certification, master's degree and pilots license as well as make my

wife happy.

What are your hobbies? Working on cars and flying.

What is your greatest achievement?

Talking a pilot through a maintenance systems check that allowed the F-15 pilot to stay in theater to finish the mission.

Klein rides on fini-flight ahead of change of command



U.S. Air Force photo/Lan Kim

Col. John Klein, 60th Air Mobility Wing commander, receives a spray of water from his wife and children upon completing his fini-flight June 27 at Travis Air Force Base, Calif. Klein has served as wing commander since June 2016 and will soon begin his new assignment with the Council of Foreign Relations in New York.

Air Force celebrates three-peat at contest

Lt. Col. Vanessa Saks

HEADQUARTERS AIR FORCE JUNIOR RESERVE OFFICERS' TRAINING CORPS

MAXWELL AIR FORCE BASE, Ala. — The Air Force took top honors for the third year in a row at the Junior Reserve Officer Training Corps Leadership and Academic Bowl in Washington, D.C., on June 23-25.

The Air Force Junior ROTC team from Scripps Ranch High School, San Diego, battled it out to take home the trophy for the third time.

Even for returning champions, there was still a level of uncertainty on how tough the competition would be.

"For me, the most difficult part was definitely not knowing how the other teams are doing - what their strengths and weaknesses are," said Cadet Jackwin Hui, from Scripps Ranch High School. "So going into each new game, it's an entirely new scenario and really

See THREE-PEAT Page 22

Sweet lessons: 70th anniversary of Berlin Airlift

Ashlev M. Wright SECRETARY OF THE AIR FORCE PUBLIC AFFAIRS

WASHINGTON — The end of World War II brought on a new, different con- en, known as the "Candy Bomber." flict – a cold war.

the divided country of Germany. The en. "He was taking over where Hitler left Allies divided the defeated Germany with the French, British and Amer- mind." icans taking the western half of the nation spreading the ideals of democracy, and the Communist Russians taking the eastern half of Germany, but were still looking for more. In June 1948, Russian forces blockaded the Allied-controlled areas of Berlin, shutting off food, coal and medicine to 2 million Germans.

The 9-month-old U.S. Air Force answered the call with open arms to new

allies in need, showcasing the effects of Skymaster were bound for Europe. humanitarian aid to keep peace.

Berlin Airlift is Retired Col. Gail Halvors-

"We learned very clearly that the An immediate battleground became new enemy was Stalin," said," Halvorsoff. We knew exactly what Stalin had in

The Soviets struck June 24, 1948, blockading thousands of Germans from food and supplies. Within a few days, their aggression was answered.

"We knew that most of the folks in Berlin were women and children. That was all that was left (after the war)," the Utah native said. "They were cutting off all the milk to the kids. That did it."

"I had never been very far from home, One of the most famous veterans of the but my mom and dad taught me several points of character that will make your life more rewarding to you and some of those around you," he said. "The first one is service before self. If a man needs help, you do it. (Dad) taught that to me from day one. You see the need, not what is in it for me."

This life lesson came back to him as he prepared to feed the capitol city of Hitler's regime only three years after their surrender. Once landed in Germany, having no suitable barracks, the influx of Airmen found a place to stay in the attic of a barn on the air base.

Some Airmen had mixed emotions at first about aiding the former enemy The next day, Halvorsen and his C-54 that was shooting at American pilots just

three years ago. Halvorsen posed a question to a fellow crewmember.

"It is a hell of a lot better to feed them than kill them," his friend said. "I'm glad to be back."

That is service before self. That is what causes your enemy to become your friend, Halvorsen said, admitting that he had issues at first with the mission, but it quickly changed.

"The solidifying factor for me was when I landed that first flight over Berlin. The Germans, some in mixed uniforms, come streaming at the airplane. I had the enemy eyeball-to-eyeball right in my cockpit. They looked down at the flour and thought it was from heaven. That sealed my thoughts and I never looked back."



JULY 6, 2018

Senior Airman Mary Gant

kersfield and Santa Clarita.

You Hit."

part concerto for percusmusical and expressive. This collaboration included



U.S. Air Force photo/Senior Airman Mary Gan

From left, Capt. Rafael Toro-Quiñones, commander and conductor of the Band of the Golden West, Staff Sgt. Wilfredo Cruz, on solo percussion, and Tech. Sgt. Marco Muñoz, composer, pose for a photo during rehearsal June 22 at Travis Air Force Base, Calif.

Airmen collaborate through music, culture

U.S. AIR FORCE BAND OF THE GOLDEN WEST

LOS ANGELES – The U.S. Air Force Band of the Golden West Concert Band recently returned from their summer tour across various parts of Southern California to include Ba-

During the tour, the band had the unique opportunity of highlighting three of their Air Force musicians on a musical and cultural collaboration performing a composition entitled, "It's Not Just Something

The composition is a three-

sion featuring various Latin rhythms and styles. The title of the piece conveys the message that percussion instruments are much more than just something keeping time within the ensemble; they can also be very

solo percussion, Tech. Sgt. Marco Muñoz, composer, and Capt. Rafael Toro-Ouiñones, commander and conductor of the BOGW. All three musicians are from Puerto Rico, which made this performance special as it was the first time in U.S. Air Force band history for this type of musical and cultural partnership

"In light of current events from this past year, to include the hurricane victims and the

Staff Sgt. Wilfredo Cruz, on Airmen lost in the plane crash from the 156th Airlift Wing National Guard unit, it is especially important for the band to be able to honor these individuals and show respect to their Puerto Rican culture and heritage," said Toro-Quiñones.

> Muñoz wrote the piece in 2010 for his good friend and colleague, Cruz. The two have known each other since middle school and have performed

See MUSIC Page 22



Travis sergeant among top Airmen of 2018

Richard Salomon AIR FORCE'S PERSONNEL CENTER PUBLIC AFFAIRS

JOINT BASE SAN AN-TONIO-RANDOLPH. Texas - A senior master sergeant from the 6th Air Refueling Squadron at Travis Air Force Base, California, was among the 12 individuals Air Force officials recently announced as an outstanding airmen of the year for 2018.

Senior Master Sgt. Lucero Stockett repesented Air mobility Command as one of 12 individuals named.

In addition to Lockett, the winners are, listed alphabetically:

• Senior Master Sgt. Melissa A. Beam, Air Combat Command.

• Staff Sgt. Elizabeth G. Caulfield, Air Force District of Washington.

• Staff Sgt. Wilson B. J. Gardner, Air National Guard.

• Senior Master Sgt. Ruth

C. Griffin, Air Force Global Strike Command.

• Tech. Sgt. Brett M. Laswell, Air Force Special Operations Command.

• Master Sgt. Kit C. Lui, Air Force Reserve Command.

• Master Sgt. Joshua A. Matias, Air Education and Training Command.

• Tech. Sgt. David E. Miller, U.S. Air Forces in Europe.

 Senior Airman Patrick O. P. Schilling, Air Force Materiel Command.

• Tech. Sgt. April A. Spilde, Air Force Space Command

• Senior Airman Jon R. Taitano, Pacific Air Forces.

An Air Force selection board at the Air Force Personnel Center considered 36 nominees who represented major commands, direct reporting units, field operating agencies and Headquarters Air Force. The board selected

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Patients can nominate staff for DAISY Award

Merrie Schilter-Lowe 60TH AIR MOBILITY WING PUBLIC AFFAIRS

David Grant USAF Medical Center at Travis Air Force Base, California, is participating in an international recognition program that allows patients, family members and peers to recognize the nurse or medical technician they consider the most skillful and compassionate with a DAISY. Not the flower, but the award created by the Disease Attacking ing. Immune System Foundation.

More than 3,000 healthcare facilities across the nation and in 17 countries participate in the program, including Kaiser Permanente and Dignity Health facilities; NorthBay Medical Cedars Sinai Medical Center in Los Angeles; and the Naval Medical Center in San Diego.

"The award gives patients a voice to recognize those who meant something special to them," said Capt. Kristin Taylor, 60th Medical Group in-patient medical surgical unit. "It will also build morale and give nurses and med techs something to strive toward."

Mark and Bonnie Barnes created the DAISY Award in 1999 to recognize the nurses who cared for their son, J. Patrick Barnes, who died in a Seattle, Washington, hospital at age 33 following complications from an auto-immune disease.

"We vividly recalled the skillful and compassionate care Patrick received from his nurses during his eight-week hospitalization," the Barnes state on the foundation's webpage. "We wanted to say 'thank you' to nurses everywhere by establishing a recognition program."

Although Army and Navy medical facilities already participate in the award program, Travis is the first Air Force base to participate, said Taylor.

And, unlike civilian hospitals, military facilities can recognize medical technicians with a DAI-SY Award because they have more responsibilities than their civilian counterparts.

"Techs insert Foleys (urinary

catheter) and IVs, draw blood and administer medications,' said Taylor. "When deployed, they assess patients."

Taylor received a DAISY Award in 2016 while working in oncology at Chandler Regional Medical Center in Chandler. Arizona.

"The patient that nominated me was battling intense pain from cancer," said Taylor. "She was told she needed to stop her IV pain meds. She started cry-

Taylor sat and discussed a plan with the patient to taper off the medications.

"I didn't see it as going above and beyond, but my patient did," said Taylor.

When she arrived at Tra-Center in Fairfield, California; vis last year, Taylor suggested that DGMC leadership consider implementing the award program.

"Nurses and med techs are definitely hardworking every day," said Taylor. "They put a lot of energy into the job, which is not always appreciated."

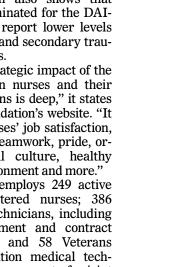
A 2014 Health Services Research study shows that when hospitals explicitly reward and support staff, patients and their family members rate patient care more favorably and are more likely to recommend the hospital.

Research also shows that nurses nominated for the DAI-SY Award report lower levels of burnout and secondary traumatic stress.

"The strategic impact of the program on nurses and their organizations is deep," it states on the foundation's website. "It affects nurses' job satisfaction, retention, teamwork, pride, organizational culture, healthy work environment and more."

DGMC employs 249 active duty registered nurses; 386 medical technicians, including 65 government and contract employees; and 58 Veterans Administration medical technicians who are part of a joint venture program, said 1st Lt. Kevin Hopper, 60th MDG clinical nurse in the Family Medicine Clinic.

See DAISY Page 26





Airman first woman in 5 years to finish ADM training



U.S. Air Force photo/Airman 1st Class Kristine M. Gruw

Senior Airman Jennifer Gamez, right, 19th Security Forces Squadron installation entry controller, prepares to fire an M24 sniper weapon system at a range June 6 at Camp Robinson, Ark. Gamez waited for her spotter to provide her with the best shot on target for her advanced designated marksman qualification.

Airman 1st Class Kristine M. Gruwell 19TH AIRLIFT WING PUBLIC AFFAIRS

LITTLE ROCK AIR FORCE BASE, Ark. — The coolness of the metal spread over the left side of her face as she gently laid her cheek on the buttstock of an M24 sniper weapon system.

"Send it!" The command was given.

She emptied the hot air from her lungs and peered through the sweat dripping from her brow down the rifle's scope as she slowly squeezed the trigger. Boom!

The only sounds able to pierce through the foam barriers wedged in her ears were the commands given and the explosions of weapons being fired in the distance. The blast from the barrel jolted her back, which caught her off guard, but she quickly regained her focus and waited on the next command from her spotter.

Senior Airman Jennifer Gamez, 19th Security Forces Squadron installation entry

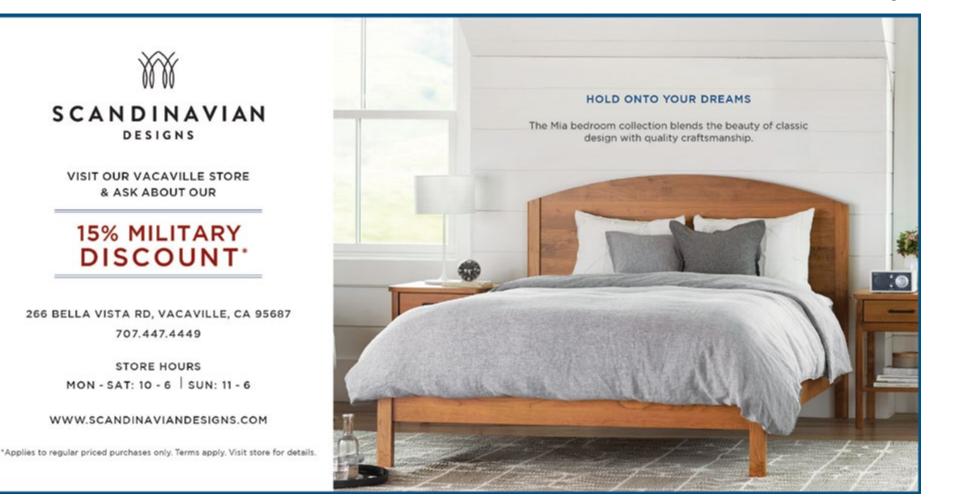
controller, qualified as the first female advanced designated marksman in approximately five years.

ADM training was nowhere in the scope of opportunities for Gamez when she considered joining the Air Force. She worked as a civilian in the Joint Base San Antonio-Lackland dining facility in San Antonio, Texas. After watching trainees day-in and day-out go through Basic Military Training, Gamez decided to join the Air Force.

In the moment she made that decision, Gamez began her journey of resilience.

She initially had a hard time finding a recruiter, but she didn't give up. Once she found one, she struggled to pass the Armed Service Vocational Aptitude Battery test. None of those challenges discouraged her. She was determined to join the less than one percent of Americans who protect their country through military service. Eventually, she passed,

See ADM Page 19



Life without liquor: Sergeant reconsiders his life



8 TAILWIND

There are 2.5 million alcohol-related deaths worldwide each year, according to the National Council on Alcoholism and Drug Dependence.

Military Health System Communications Office

FALLS CHURCH, Va. – The cycle would start with a few in 2014, when he was still on acdrinks on Monday, grow to half a liter of vodka with lemonade on ice by Thursday and reach two liters or more of alcohol to get through the weekend. Then the cycle would start all over ing without the latter. again.

"I thought it was nor-Charleston, South Carolina and asked that we not use his first name. "I didn't think it was a problem because I still paid the bills, cut the grass, and helped the kids with their homework.

normal life."

Gibson hit rock bottom during the Fourth of July weekend tive duty. After days of roundthe-clock drinking, he got an ultimatum from his wife: Choose between his family or alcohol. At that time, he couldn't fathom liv-

"My life revolved around alcohol. I couldn't go to an event mal," said retired Air Force or restaurant that didn't serve Tech. Sgt. Gibson, who lives in (it)," said the 40-year-old father of three. "How could I fold the laundry sober? Watch football? I thought I was never going to be happy again."

Gibson had decided to kill himself, but that night, his People with drinking problems, son came downstairs and, in a

I thought, couldn't maintain a moment Gibson describes as a "God shot," told him he loved him

JULY 6, 2018

"That was my jumping-off point," Gibson said. The next day, he called his supervisor and referred himself to the Air Force Alcohol and Drug Abuse Prevention and Treatment program. Gibson has been sober ever since.

"I wouldn't be here without ADAPT," said Gibson. "The best thing they did for me was introduce me to Alcoholics Anonymous, which is where I found my solution."

The Air Force established the ADAPT program to help Airmen overcome alcohol abuse. The program provides a See RECONSIDERS Page 23

missing since June 19.

The canoe's sailors were

supposed to make a one-day

journey from Piagailoe Atoll

days, their families contacted

to the crews of the already air-

every day the B-52 gets called

The information was relayed

"This was a unique situation

Operating under the knowl-

edge that the vessel could be

nautical mile radius south-

Even finding a familiar or large

missing vessel is a tricky task,

cally-styled canoe looked like.

the Coast Guard for help.

surprised.

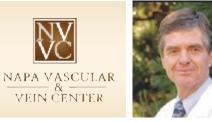
Wing at JBSA-Lackland.

veloping exceptional leaders.



"We'd never heard of this

See GUAM Page 26



DR. JEFFREY BROOKS Board Certified and Fellowship Trained Vascular Surgeon

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20th EBS aid in rescue off coast of Guam

Tech. Sgt. Jake M. Barreiro 36TH WING PUBLIC AFFAIRS

ANDERSEN AIR FORCE BASE, Guam — The B-52 is with minimal provisions. But world-famous for its long-range after they went missing for six capabilities, but during a routine flight June 25 near Guam. crew members with the 20th Expeditionary Bomb Squadron, stationed at Barksdale Air borne B-52s. At first, they were Force Base, Louisiana, and deploved to Andersen AFB, were tasked with a unique situation: for us," said Simpson. "It's not To use their aircraft's versatility in the search and rescue of for a search and rescue." a lost local vessel with six passengers onboard.

anywhere within a 275 x 230 It was approximately 11 a.m. and Capt. Sean Simpson, east of Guam, the crew knew 20th EBS aircraft commander, and his crew were airborne the mission wouldn't be easy. over Guam. At this time the U.S. Coast Guard Sector Resand Simpson and his crew cue Coordination Center made didn't know what this historia call to the 20th EBS at Andersen AFB requesting assistance locating a historic Pacific Island-style canoe that had been

JULY 6, 2018





U.S. Air Force photo/Senior Airman Gwendalyn Smit

Secretary of the Air Force Heather Wilson visited AFWERX-Austin June 27 in Austin, Texas. During her visit to Texas, Wilson learned more about the mission at AFWERX-Austin, Pilot Training Next, 12th Flying Training Wing at Joint Base San Antonio-Randolph and Basic Military Training

Wilson talks Air Force innovation

Senior Airman Stormy Archer 502ND AIR BASE WING PUBLIC AFFAIRS

JOINT BASE SAN ANTO-NIO, Texas — Secretary of the Air Force Heather Wilson visited AFWERX-Austin, Pilot Training Next and Joint Base San Antonio, Texas, June 27-29 to see firsthand the focus Airmen in the area are placing on improving readiness, cost-effective modernization and de-

Her first stop was AFW-ERX-Austin, the Air Force's newest public innovation and collaboration hub focused on bridging external communities and the Air Force to create mutually-beneficial partnerships. "We recognize that the

low innovation to happen, and that's one of the reasons for creating things like AFWERX," Wilson said. "To take some of the innovative capacities of the people who work in high-tech companies who can help the Air Force connect with a community that has a university partner, where we're very likely to find entrepreneurial talent and ideas, a supportive local government, a business and innovation culture and try to connect and embed as part of a team?

bureaucracy doesn't always al-

Wilson also toured the Pilot Training Next facility at Austin-Bergstrom International Airport in Austin.

See WILSON Page 25



Progress made in opioid fight, says DHA director

Lisa Ferdinando DEFENSE MEDIA ACTIVITY

WASHINGTON — The Military Health System is making progress in preventing and managing opioid abuse among its beneficiaries, but further actions in education and prevention are needed, the director of the Defense Health Agency said vesterday.

Navy Vice Adm. Raquel C. Bono told the House Armed Services military personnel subcommittee that the Military Health System has an obligation to provide the best care for its beneficiaries, including in pain management, while taking steps to prevent addiction.

"The department has made strides in managing opioid abuse within our system and is continuously looking to further enhance our programs," ly members, and obtain most

"This crisis is touching the lives of so many of our fellow citizens ... "

- Navy Vice Adm. Raquel C. Bono

she told the committee members.

Less than 1 percent of active duty service members either abuse or are addicted to opioids, she said, adding, the overdose death rate among active duty service members is 2.7 out of 100,000, half of the national rate when adjusted for demographics.

Steps to educate. prevent, manage

In the Military Health System, 83 percent of long-term opioid patients are older than 45 years old, most likely to be retirees or retiree fami-

of their care from outside of military hospitals and clinics. Bono said.

She outlined steps the department is taking to prevent opioid abuse, to include: instituting comprehensive provider education that leads to a reduction in opioid prescribing; expanding partnerships with federal, state, private sector and contracted partners; developing alternatives to opioids for both direct and purchased care settings; and further expanding a prescription drug monitoring program to include state monitoring programs.

See OPIOID Page 20

Dentistry with a Gentle Touch ... Sunni G. Yoon, D.D.S. Implant and Cosmetic Dentistry

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syoondds@gmail.com

Staff Sgt. Tori Long 6TH AIR MOBILITY WING PUBLIC AFFAIRS

ida.

AMW leadership.

leadership.

ning finally paying off.





Security

Fairfield

JOSE program expands, saving taxpayer funds

Debbie Aragon

AIR FORCE INSTALLATION AND MISSION SUPPORT CENTER PUBLIC AFFAIRS

JOINT BASE SAN ANTO-

It's a simple concept producing omy – or order online from significant results for U.S. Air Force and Army in Europe; saving hundreds of thousands of dollars and providing needed supplies quickly.

The Joint Office Supply Europe program, or JOSE, is a simplified ordering system built on the Government Purchase Card program, said Nicole Shatto, a procurement analyst with the Air Force Installation Contracting Agency - Europe at Ramstein Air Base, Germany.

Through a set of blanket purchase agreements, JOSE provides better, faster access to office supplies for units in Germany, Italy and the United

Kingdom and saved almost \$130,000 just last quarter, Shatto said.

"Previously, cardholders would have to physically go to NIO-LACKLAND, Texas — a store - on base or on the econstateside vendors and wait 1-2 weeks for items to arrive via the mail system," Shatto said. "Access to U.S. size paper and associated products like folders and envelopes, was also always a challenge."

Through JOSE, customers simply visit participating vendor websites specifically tailored to GPC card holders and, like other online shopping sites, log in, add items to their carts and pay using their GPC. Orders are then delivered to their offices within three business days.



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Exercise highlights humanitarian efforts

S.C. — Ninth Air Force held its an Air Force Joint Task Forcecapable headquarters.

The June exercise focused on a fresh scenario and combatant command not evaluated in previous iterations - humanitarian assistance in the U.S. Africa Command area of respon-

set and expand their knowlto expose ourselves to mission headed in country. We provided

which only enhance our capa- commander," said Staff Sgt. bilities when we are called upon Shane DeHuff, STAFFEX 18-4

"Similar to the mission sets, we want to expose ourselves to all six of the geographic combatant commands, and U.S. Africa Command is an AOR where a lot of humanitarian assistance is needed," Arduini continued.

This STAFFEX also had some new facets outside mission or location, especially with the addition of a surgeon general section filled by two public health technicians who added a layer of planning Ninth Air Force does not currently have on staff.

"Our job in this exercise was to provide medical guidance on things like proper sanitization and immunization for those

sets we could perform as a JTF, the medical reference for the medical planner and a 110th Medical Group public health technician from the Michigan Air National Guard.

According to Tech. Sgt. James Mack, STAFFEX 18-4 medical planner and a 127th Medical Group public health technician from the MIANG, much of that medical guidance was determining what type of sanitization, immunization, or **Expeditionary Medical Support** package would be needed for the exercise's AOR.

For Ninth Air Force staff, public health was integral to the exercise'sscenario.

"Public Health is absolutely critical to any humanitarian mission, particularly in a place like Africa where significant

Tech. Sgt. Amanda Dick 9TH AIR FORCE PUBLIC AFFAIRS SHAW AIR FORCE BASE, as one.

fourth Staff Exercise June 18-22 since being tasked by Chief of Staff of the Air Force Gen. David L. Goldfein to stand up

"The purpose of STAFFEX 18-4 was to expose Ninth Air Force staff to another mission edge," said Maj. Rob Arduini, Ninth Air Force STAFFEX 18-4 planner. "...We are trying

AIR FORCE

TAILWIND 11

Fuel Tank: Team MacDill turns ideas into reality

MACDILL AIR FORCE BASE, Fla. — The 6th Air Mobility Wing commander, Col. April Vogel, hosted the first Fuel Tank event June 27 at MacDill Air Force Base, Flor-

Fuel Tank, much like the Air Force's Spark Tank competition, called upon Airmen to pitch their innovative ideas to 6

Sixteen Airmen submitted 12 ideas to be a part of the 10 that will receive funding from the \$237,000 dedicated by wing

For some Airmen, these ideas were a culmination of years of hard work and plan-

"The first time I tried to reach the 12 o'clock position on a KC-135 engine I realized there were serious constraints preventing me from doing my job," said Tech Sgt Eric Holston, support section NCO in charge assigned to the 6th

my idea and funding was never there."

Through the encouragement and funding of Fuel Tank, Holton garnered a \$75,000 award toward his F-108 engine maintenance stand initiative and hopes to implement the stand throughout the Air Force.

Another \$50,000 was granted to the Airman Leadership School commandant and dining facility to purchase tablets in an effort to go paperless, saving time and money.

Overall, the wing funded a thermal imaging camera, power converters and air conditioners for the KC-135, skin cancer detection software and sunscreen dispensers, a dorm resident app, a digital photo studio scheduling program, customer service training for the 6th Medical Group and continuous process improvement training for the wing.

"I was blown away," said Chief Master Sgt Sarah Sparks, the command chief of the 6 AMW. "We have amazing Airmen with innovative ideas and Maintenance Squadron. "I nev- I think this is going to spark the er had the avenue to express future of this wing."



U.S. Air Force photo/Staff Sgt. Tori Lon:

Maj. Ryan Garlow, 6th Air Mobility Wing, presents an idea for a portable air conditioner for the KC-135 Stratotanker aircraft to 6th AMW leadership during Fuel Tank on June 27 at MacDill Air Force Base, Fla. Fuel Tank, much like the Air Force's Spark Tank competition, called upon Airmen to pitch their innovative ideas to 6th AMW leadership in hopes of getting funded.



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Widow vows to bring awareness to invisible wounds

Maj. Cathleen Snow 920TH RESCUE WING PUBLIC AFFAIRS

PATRICK AIR FORCE BASE, Fla. — Air Force veteran Stacey Pavenski, 46, of Palm Bay, Florida, has post traumatic stress disorder, but she didn't get it from serving in combat. It came from her husband's combat struggles that drove him to take his own life in their bedroom, Sept. 18, 2017, while she was in the kitchen. He was 45.

That fateful day has led her on a journey to bring awareness to PTSD and traumatic brain injury disorders that contributes to the 22 veterans a day who take their own lives. During PTSD awareness month, she has joined forces with several nonprofit organizations that provide assistance to those suffering with PTSD and has vowed to share her story and get the resources out there to help others.

Wearing shorts and a T-shirt with the words 'Not All Wounds are Visible' broadcasting her new mantra, she shares glimpses into her life as a military spouse and living with PTSD.

She met her husband, Master Sgt. Pete Pavenski, at Moron Air Base, Spain, where she was stationed in 2002. They fell in love and she left the service



Courtesy phot

With 10 years serving on active duty and another 10 serving in the Air Force Reserve as an aerial gunner. Master Sgt. Pete Pavenski saw a lot of action. He performed duties in the back of a combat-search-and-rescue helicopter where he took part in dangerous rescue missions on the battlefield, saving the lives of an untold number of injured service members. But the missions got to him. He took his own life, Sept. 18, 2017.

ried in 2010.

"He was such a good man," said Stacey describing her Force Reserve rescue unit.

Solano County's Largest

to be with him. They were mar-husband as her best friend and a selfless servicemember who saved lives as part of an Air

With 10 years serving on active duty and another 10 serving in the Air Force Reserve as an aerial gunner. Pete saw a lot manager.

88th SFS named 2018 **Verne Orr Award winner**

Richard Salomon

AIR FORCE'S PERSONNEL CENTER PUBLIC AFFAIRS

JOINT BASE SAN ANTO-NIO-RANDOLPH, Texas — Air Force officials recently named the 88th Security Forces Squadron at Wright-Patterson Air Force Base, Ohio, as the winner of the 2018 Air Force Association Verne Orr Award.

The AFA established this award in honor of former Secretary of the Air Force Verne and Technology Exposition Orr to recognize mission-orithis September in Washingented accomplishments and ton, D.C. achievements by units that made the most effective use of Air Force awards, visit http:// human resources.

of action. He performed duties in the back of a combat-searchand-rescue helicopter where he took part in dangerous rescue missions on the battlefield, saving the lives of an untold amount of injured service members. But the missions got to him.

"What I heard, what I saw PTSD. It never goes away."

Pete's death also came as a shock to his squadron members, a very tight-knit group of helicopter aircrew personnel. Known as the unit jokester, no one saw Pete's suicide coming. "We had no idea and that's what was unnerving for us," said Chief Master Sgt. Randolph Wells, 301st RQS chief enlisted

are providing continuous pro-

tection, security and safety

for the installation 24/7 year-

round and recently earned the

2016 Air Force Materiel Com-

mand Large Security Force

Unit Award for its achieve-

ments in providing outstand-

AFA representatives will

For more information about

www.afpc.af.mil/Recognition/.

present the award during their

2018 Air & Space Conference

ing service.

The 88th SFS has approximately 400 defenders who

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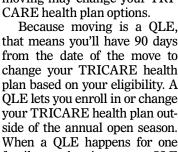
Present This Ad for 10% Discount off any Repair or Service!

He was plagued with PTSD and sought help. Stacey even went with him to counseling to try to understand his plight.

That dark September night after a seemingly normal argument, Pete calmly walked past Stacev. A few minutes later he velled to Stacey, "This is going to be loud!" He then pulled the trigger and shot himself.

and what I continue to relive in my head daily is why I have

"Pete got rid of his pain, but now everyone has pain," said Stacey, referring to the couple's entire family. "I don't want anyone else to have to die."



ing Life Event.

JULY 6, 2018

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• Tell your regional con-

TRICARE.mil Staff

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that means you'll have 90 days from the date of the move to change your TRICARE health plan based on your eligibility. A QLE lets you enroll in or change your TRICARE health plan outside of the annual open season. When a OLE happens for one family member, it creates a QLE for the entire family. This means all family members may be able to switch TRICARE health plans when one person in the family has a QLE.

When you're about to move: • Don't disenroll from your current plan before you move. • You're covered by your current TRICARE health plan on your way to your new loca-

• Update your address and other new information in the Defense Enrollment Eligibility

tractor and doctors if you have other health insurance, in addition to TRICARE. By law, TRI-CARE pays after all OHI. OHI doesn't apply to active duty ser-

Moving stateside

CARE Prime and moving to See TRICARE Page 14

Sergeant determined to make better life



U.S. Air Force photo/Robb Lingley

Staff Sgt. Jacqueline Jauregui, Air Force Space Command enlisted aid to the deputy commander, poses for a photo at the 21st Space Wing portrait studio June 20 at Peterson Air Force Base, Colo. Jauregui made a life decision in 2008 to separate herself from gang activity and joined the Air Force.

Robb Lingley AIR FORCE SPACE COMMAND

PETERSON AIR FORCE BASE, Colo. — Growing up in Gilroy, California, she had everything a girl could wish for: money, designer clothes and so much more. Shortly after high school graduation. her father took everything from her and kicked her to the streets.

Staff Sgt. Jacqueline Jauregui, Air Force Space Command enlisted aide to the deputy commander, was determined to make her life right but struggled to get there. She talked about her past March 30 to fellow Airmen during Storytellers at The Club on Peterson Air Force Base, Colorado.

"Growing up in Gilroy was a place where everybody knew each other," said Jauregui. "The way I was raised my dad gave me everything I wanted. I was the girl who spent up to \$3,000 on myself every month."

Although it seemed that everything was perfect on

See BETTER Page 14



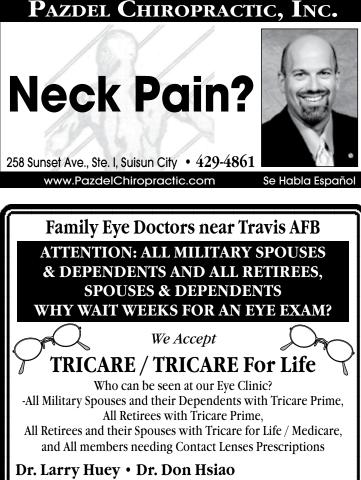
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TRICARE

From Page 13

another Prime Service Area, you can transfer your

TRICARE Prime

A managed care option available in Prime Service Areas in the United States; you have an assigned primary care manager who provides most of vour care.TRICARE Prime enrollment. Depending on how far you move from your current home, you'll likely need to change your primary care out-of-pocket costs lower. manager.

Better

From Page 13

the outside, her home life was not great.

"My dad was diagnosed with bipolar disorder, for which he didn't take his medication and he was an alcoholic," said Jauregui. "When he came home we wouldn't know what kind of mood he would be in and he would just trash the house. The next day he would leave a \$1,000 check on the table to replace what he broke."

Jauregui became tired of depending on her father and his money. When she was close to graduating high school he told her he wasn't going to pay for her college.

"I decided that since I wasn't going to college I would join the Air Force," said Jauregui.

Two weeks before her high school graduation, she was in a car accident and injured her back. The injury was serious enough for her that she wasn't able to enlist in the Air Force right away because she was on pain medications.

A week after she graduated high school, her father kicked her out of the house and completely cut her off.

"I could only take with me what I paid for with my own money," said Jauregui.

Jauregui bounced around living with various friends until she settled in with her cousin and his wife. For a while things went well. Her cousin gave her a car and she had a job. The problem was her cousins were Crip gang members.

Dickson Hill Road

If you're moving to an area where TRICARE Prime isn't available, the QLE will allow you to change your enrollment. TRICARE Prime isn't available everywhere. You may have different TRICARE health plan options when you move. ADSMS may only use TRI-CARE Prime.

If you're already enrolled in TRICARE Select, update your personal information in DEERS. Then find a new TRI-CARE authorized network or non-network provider in your

For Jauregui their gang affilins and their friends and having fun. Because of this she actually wanted to be more involved with the gang.

Two of Jauregui's cousins sat her down and explained to her that if she joined the gang there took a walk around the neighwould be only two ways out of borhood. the gang: death or prison.

young, had a clean slate, and up and then gun shots. I rememthey didn't want that life for me ber ducking behind a pillar and because I had so much potential'

Her cousins gave her money behind a pillar as well." and kicked her out of the house. She ended up moving in with her boyfriend. After a while he quit his job and they were living here? This isn't the life that I off her \$12.99 an hour salary. To help make ends meet they sold all of their furniture, leaving and called her grandmother in them with just a mattress.

was ramen and frozen burri- her out to Texas in July 2008. tos," said Jauregui. "We couldn't Two months later she was finaleven afford toiletries. My boy- ly able to join the Air Force. friend and I had to share a bar of soap, which was disgusting."

soap to bathe with. She took a a gang and did drugs and that bottle of laundry detergent from would have ruined my entire the laundry room of her apart- life." ment. She and her boyfriend used that to wash themselves.

They weren't be able to buy anything, but her boyfriend bought and sold drugs. Jauregui told him she wanted to join the just because she was having a military and couldn't be around bad day. drugs.

Moving overseas

Before you move, call the appropriate TRICARE Overseas Program Regional Call Center for your new area. Active duty family members must be command-sponsored for **TOP Prime or TOP Prime Re**mote coverage. Retirees and their family members aren't eligible for TOP Prime options. but may be eligible for TOP Select.

During this moving season, remember that your TRICARE new location. Using a TRICARE coverage moves with you. Take network provider will help keep command of your health by learning more about OLEs and the upcoming open season.

The following summer Jauiation didn't bother her because regui went to stay with her for the first time in years she best friend after she returned felt like she was a part of a fam- from college. Her friend's parily. She was close with her cous- ents, seeing how desperate she looked, bought her necessities. Before going on vacation, her friend dropped her off at her apartment where her bovfriend was throwing a party.

Jauregui got really mad and

"I was walking when I saw a "My cousins wouldn't let me mother with her young son and become a gang member," Jau- daughter," said Jauregui. "All of regui said. "They told me I was a sudden I heard a car screech watched the mother chuck her kids in her apartment as she hid

In that moment, while gun shots were going off, she thought to herself, "What am I doing wanted."

After, she went to a pay phone Del Rio, Texas, for help. Her "All we could afford to buy grandmother immediately flew

"What I learned is that life is hard," Jauregui said. "It liter-Jauregui's low point came ally takes one second to wreck when she couldn't afford to buy your entire life. I almost joined

Jauregui remembers when her cousin prevented her from joining the gang, and told her not to make a bad decision that would negatively impact her life

She made the right decision.

Flight helps teach about bird strikes







U.S. Air Force photos by Master Sgt. Joey Swafford



1) Capt. Sean Harte, 60th Air **Mobility Wing Safety Office flight** commander. performs pre-flight checks on a 21st Airlift Squadron C-17 Globemaster III aircraft before a safety office familiarity flight July 2 at Travis Air Force Base, Calif. The flight allowed members of the safety office who manage the Bird/Wildlife Aircraft Strike Program to get a first-hand view of what the pilots see during routine training flights near the base. 2) Senior Airman Matthew Swift, 21st Airlift Squadron loadmaster, goes over pre-flight checks on a C-17 aircraft before the flight. 3) Harte goes over a pre-flight briefing with other crew members. 4) Capt. Doc Schumacher, 21st AS C-17 pilot, flies a C-17 over California during a safety office familiarity flight July 2.

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Puzzles

How to beat Str8ts -

Like Sudoku, no single number car

rows and columns are divided by black

squares into compartments. These

need to be filled in with numbers that

complete a 'straight'. A straight is a set

of numbers with no gaps but can be in any order, eg [4,2,3,5]. Clues in black

ells remove that number as an option

in that row and column, and are not part

of any straight. Glance at the solution to

6 1 5 4 3 2

see how 'straights' are formed.

Previous solution - Medium

 7
 3
 2
 8
 5
 4
 6
 9
 1

 4
 6
 9
 1
 7
 2
 5
 8
 3

 3
 1
 4
 5
 6
 9
 7
 2
 8
 3

 3
 1
 4
 5
 6
 9
 7
 2
 8
 3

9 7 8 4 2 1 3 6 5

To complete Sudoku, fill the board

that each row, column and 3x3 box

For many strategies, hints and tips,

other puzzles, check out our books.

iPhone/iPad Apps and much more on

by entering numbers 1 to 9 such

contains every number uniquely.

visit www.sudokuwiki.org

If you like Str8ts, Sudoku and

our store at www.str8ts.com

troops when weather condi-

tions deteriorated and con-

tact with him was lost. No

remains were recovered.

White was identified recent-

ly using mitochondrial DNA

analysis, dental and anthro-

pological analysis, as well as

Air Force Lt. Col. Edward

H. White II, the first Ameri-

can to walk in space.

He was the brother of

- Air Force News Service

circumstantial evidence.

repeat in any row or column. But.



You can find more help, tips and hints at www.str8ts.com

SUDOKU

JUDUNU										
No. 393 Tough										
	6					5	2			
	5		1	8						
		2				9				
				5	1			7		
	8						3			
7			2	9						
		5				3				
				4	5		7			
	1	8					4			

The solutions will be published here in the next issue

Retiree Corner

Remains of astronaut's MIA brother laid to rest

WEST POINT, N.Y. -Maj. James Blair White went missing in Southeast Asia on Nov. 24, 1969. He was finally laid to rest June 19 at West Point.

According to the Defense POW/MIA Accounting Agency, White was in a flight attacking enemy

News Notes

Career Fair. 10 a.m. to 1 p.m. July 27 at the Delta Breeze Club. Encourage all members to ask questions to prepare for future transition from the military

60th FSS

Summer activities for children

Sideline Sports Camp. July 16-20 for ages 9-12 and 13-18. Participants will be instructed on and demonstrate the ability to participate in sports like Ultimate Frisbee, badminton, fencing and lacrosse. Space is limited to the 35 participants. To register, call 424-5392.

Missoula Children's Theatre Camp. July 30 to Aug. 3 for ages 5-18. Children and youth will learn basic skills in theatre production, acting, stage presence and team building throughout the week. Space is limited to the 60 participants. To register, call 424-5392.

Say It with Music Camp. Aug. 13-17 fro ages 9–12 and 13–18. Children will learn everything from music production to music writing and poetry. Space is limited to the 35 participants. To register, call 424-5392.

Archery Camp. Sept 24–28 for ages 9–12 and 13–18 This camp will instruct on and demonstrate the ability to participate in activities to enhance targeting accuracy, strategy, tactical analysis and physical fitness. Space is limited to the 35 participants. To register, call 424-5392.

Upcoming

MLB discount tickets. Get tickets to the upcoming games: Oakland Athletics at Giants on July 14 and Atlanta Braves at Giants on Sept. 11. For more information call 707-424-0969

News and notes

Dependent ID card renewal. Dependents can now renew their ID cards online at http://bit. ly/2C01q9e.

Closures

NAF Human Resources Office hours. The office will close every Thursday. Business hours are 7:30 to 4:30 p.m. Monday, Tuesday Wednesday and Friday. NAF HRO also is closed on federal holidays. For more information, call 707-424-4749

For more information on FSS, visit http://www.travisfss.com.

Chapel programs

Recurring events

Catholic Twin Peaks Chapel

 Roman Catholic Mass: 9 a.m. and noon Sunday • Children's Church: 10:15 a.m. Sunday.

• Sacrament of Reconciliation/Confession: 4:30 to 5:30 p.m. Wednesday or upon

appointment

• Infant Baptism Prep Class: Two classes. Registration required. 6 to 7 p.m., quarterly.

In the next week...



• Youth Choir: 1 p.m. Sunday.

- Children's Choir: 2 p.m. Sunday.
- Adult Choir: 4 p.m. Sunday.

• Women's Bible Study: 10 a.m. (at First Street Chapel)

• Catholic Women of the Chapel: 6 p.m. first Monday of every month Annex

 Rite of Christian Initiation of Adults: 6 to 7:30 p.m. Wednesday, Annex. RE Classes: 10:15 to 11:30 a m. Sunday.

RE Wing.

First Street Chapel • Mom's Group: 9 to 11:30 a.m. Thursday

and Friday. DGMC Chapel • Roman Catholic Mass: Noon to 12:35 p.m. Monday through Thursday, except for

The Church of Jesus Christ of Latter-day Saints

• Sacrament Services: 9 and 11 a.m.

Sunday at DGMC Medical Center Chapel. For all other enquires, call LDS.

 Protestant Community Service: 9:30 to • Gospel Worship Service: 11:30 a.m. to

Children's Ministry is provided for

• Protestant Men of the Chapel: 8 to 9 a.m.,

• Protestant Women of the Chapel: 9:30 to

DGMC Chapel

a.m. Sundav

Monday through Friday at Bldg. 1348. Home-cooked meal at 6 p.m. Tuesday's followed at 7 p.m. by Bible study.

programs, call Twin Peaks Chapel at 707-424-3217

Recurring

Air Force Office of Special Investigations. To report a crime, get a foreign travel brief or request information on joining AFOSI, report to Bldg. 380B, second floor. Send correspondence to AFOSI Detachment 303, 510 Airlift CR, Travis AFB, 94535. For more information, call 707-424-3115 or DSN: 837-3115

Air Force Recruiting Office. Now open at the Solano Town Center mall Learn more about what the Air Force has to offer, such as up to 100 percent tuition assistance. 30 days paid vacation per year, free medical and dental care, tax-free housing and food allowance and much more. Contact Tech. Sgt. George Yardley at 707-889-3088 or stop by the office located at 1350 Travis Blvd. Suite P2, Fairfield CA 94533 in the Solano Mall

Air Force Sergeants Association

"Walter E. Scott" Chapter 1320. General membership meetings are at 2 p.m. on the second Friday of every month at Wingman's in the Delta Breeze Club. For more information, contact Senior Master Sgt. Angell Nichols or Tech. Sgt. Rebecca Linden de Romero.

Airmen's Attic. The Airmen's Attic is open from 10 a.m. to 2 p.m. Tuesday and Thursday and 4 to 6 p.m. Wednesday. 560 Hickam Ave. For more information, call 707-424-8740 or visit the Facebook page "The Attic at Travis AFB." Alzheimer's Caregiver Support Group.

Meetings take place from 1 to 2:30 p.m. the third Thursday of the month in the diabetic education classroom on the first floor in Internal Medicine at David Grant USAF Medical Center. For more information, call 707-423-7227

Base emergency numbers. Mobile phone users must dial 707-424-4911 if they have an emergency on base. Those using government or home phones can call 911. For more information. call the Travis Air Force Base Fire Prevention Office at 707-424-3683

Base illicit discharge number. To report sewage/water leaks or illegal dumping, call 707-424-2575. For hazardous chemical/material spills call the base emergency numbers. Crisis text line. Free, confidential, 24/7

counseling for teens and young adults. Text 741-741 anywhere in the United States and a live, trained crisis counselor responds quickly.

Employee-Vehicle Certification and Reporting System, Civilian and military personnel must maintain emissions information with the Web-based ECARS system. For more information, call Xuyen Lieu at 707-424-5103.

Exceptional Family Member Program Sensory Play Group. This group meets from 2 to 4 p.m. the second and fourth Wednesdays at the Balfour Beatty Community Center. For more information, call 707-424-4342 or visit the Facebook page "EFMP Travis AFB." Family Advocacy Parent/Child

playgroups. Toddlers to the Max Playgroup for children ages 1 to 3 meets from 9:30 to 11 a.m. Wednesdays at the First Street Chapel Annex. The Rattles to Raspberries Playgroup for infants 8 weeks to 1 year meets 9:30 to 11 a.m Thursdays at the First Street Chapel Annex For more information, call 707-423-5168. Family and Friends Combat Stress Peer



"NEWS NOTES" BRIEFS MUST BE SUBMITTED TO 60AMWPA@US.AF.MIL SEVEN DAYS BEFORE THE EVENT DATE. CALL THE 60TH AIR MOBILITY WING PUBLIC AFFAIRS OFFICE INTERNAL INFO SECTION AT 424-2011 FOR MORE INFORMATION.

federal holidays

Sunday at Church of Jesus Christ of Latter-day Saints Fairfield Stake Center 2700 Camrose

Ave., Fairfield DGMC Chapel • Latter-day Saints Service: 4 to 4:30 p.m.

Military relations representatives at 707-535-

6979

Protestant

First Street Chapel

12:30 p.m. Sunday.

6-month-olds through fifth grade

first Saturday of every month.

Twin Peaks Chanel

11 a.m. Tuesday.

Protestant Traditional Service: 10 to 11

Airmen's Ministry Center

The Peak is open from 6 to 9 p.m.

For more information about chapel

10:30 a.m. Sunday.

Support Group. Meets from noon to 1 p.m. the first Tuesday of every month at the Balfour Beatty Community Center and from 1-2 p.m. the third Thursday of each month at The Peak. For more information, contact Amber Ouirate and Jessica Soto at 501-231-7756 or email travsopcombatptsd@gmail.com.

submissions of applications for government no-fee passports must now include: 1) A photocopy of Military Identification Card front and back: 2) Passport photo taken in the past six months; 3) Supporting document(s), proof of U.S. citizenship certified copy with state or county seal, if it involved a name change submit a court order or marriage certificate. Passport application cannot be handwritten and printed back to back and must be completed online with 2D barcode at website https://pptform. state.gov and/or https://travel.state.gov. For more information, call 707-424-5324.

Hometown News Releases. To submit https://ihns.release.dma.mil/public.and.fill.out

a Hometown News Release, visit

the information.

707-424-2486.

closed Sunday.

LGBT Alliance. General membership meetings take place at 6 p.m. the first Wednesday of every month at the Airman and Family Readiness Center. For more information, email lgbtalliance707@gmail.com or call

Mare Island Museum. Free admission from Memorial Day to Labor for active and Reserve military. National Oceanic and Atmospheric Administration and dependents with ID cards. Open 10 a.m. to 2 p.m. Monday through Friday and 10 a.m. to 4 p.m. Saturdays. 1100 Railroad Ave. in Vallejo. For more information, call 707-557-4646. M-50 Gas Mask Fit Testing. Takes place from 9 a.m. to 3 p.m. every Wednesday at Bldg. 791 All deployers are fit as necessary. For more information, call 707-424-2689. Mitchell Memorial Library, Open 9 a m

to 7 p.m. Monday through Thursday, 9 a.m. to 5 p.m. Friday, 10 a.m. to 5 p.m. Saturday and Montezuma Shrine Club. Meets every

third Thursday of the month at the Masonic Center 412 Travis Blvd Fairfield For more information, call Mike Michaelis at 707-427-2573 or Cal Gitsham at 707-425-0060 Motorcycle licensing and training.

California Rider Education offers the Motorcyclists Training Course, Basic Ridervs Course 2 and the Military Sportshike Riders Course on base. MTC classes take place most

must cover own costs. All registrations done via phone at 1-800-966-3844. MPF self-renewal program. Did vou Government no-fee passports, All know that dependents can now renew their ID cards online? To participate in this program visit http://bit.ly/2mR1gl2. This program is limited only for renewing dependents' IDs. For all other services, visit MPF during duty hours or

> call 707-424-8483. On-base child care. The Air Force requires on-base residents to be licensed by the 60th Mission Support Group if they provide more than 10 hours of care per week in their homes. For more information, call 707-424-8104 or 707-424-4596 or stop by Bldg, 380B

weekends. Motorcycles and helmets provided.

Successful completion gives students a DL389

that waives the skills test at DMV. Course cost

and NAF folks. Family members welcome, but

covered for active duty, reserves, some DOD

Photocopying of military identification. The prohibition of photocopying of U.S. government identification Common Access Card announced by the Office of the Assistant Secretary of Defense, dated Oct. 27, 2011, does not apply to medical establishments, applying for government-issued, no-fee passport and other U.S. government agencies in the performance of official government business. This requirement does not apply to minors ages 16 or younger. However, it applies to sponsors. For more information call 707-424-5324

Professional Loadmaster Association The Professional Loadmaster Association meets at 7 p.m. the first Tuesday of each month at the Delta Breeze Club. For more information, call Mark Raymond at 707-416-5331

Retiree Activities Office. Openings for volunteers. Customers are retired American service members and their family members. is the RAO's responsibility to maintain open communication and to ensure retirees receive the service and the respect they deserve. If you would like to apply for a volunteer slot and have three hours or more to give, call 707-424-3905.

60th Air Mobility Wing Information Protection Office. All requests are done on Thursdays and by appointment only. Schedule an appointment by calling 707-424-3114 or by emailing 60amw.ip@us.af.mil. Fingerprinting is only for federal employment and for agencies with a valid support agreement. For emergencies, call 707-424-3114.

Solano/Napa Habitat for Humanity. This organization welcomes volunteers and supporters from all backgrounds. There are

Here are the showtimes for this weekend's novies at the Base Theater: Today

• 6:30 p.m. "Ant-Man and the Wasp" (PG-13, first run)

Saturdav • 6:30 p.m. "Ant-Man and the Wasp" (PG-13, first run)

Sunday • 2 p.m. "Ant-Man and the Wasp" (PG-13, first run)

recurring events Tuesday through Saturday. For more information, email Staff Sgt. Mathew Clayton at mathew.clayton@us.af.mil.

Travis Community Thrift Shop. 10 a.m. to 2 p.m. Tuesday and Thursday. Ongoing need for volunteers to organize sort and price donations. For more information, contact the Thrift Shop at 707-437-2370.

Travis Composite Squadron 22 Civil Air **Patrol.** Open to youth from 12 to 18 as well as adults ages 18 or older who train and serve as the volunteer component of the total force. UTA is 6:30 to 9 p.m. Monday, Bldg. 241-B -2. Open to all students with a 2.0 or higher grade-point average. For more information, contact CAP 1st Lt. Jo Nash at 707-424-3996 or recruiting@ squadron22-cap.us, visit during a UTA or check out http://squadron22-cap.us.

Travis Heritage Center. The facility is looking to add to its historical collection. It is missing the past 15 years of conflict in which Travis was involved. Do you have something special to donate for generations to appreciate? The center also seeks volunteers. The gift shop is open 11 a.m. to 4 p.m. Tuesday through Saturday For more information call Rick Shea at 707-424-5598 or email richard.shea@us.af.mil.

Travis Legal Office. Power of attorney and notaries are walk-ins 9 a.m. to 2 p.m. Monday, Tuesday Wednesday and Friday 9 a m to 1 p.m. Thursday. Legal assistance for active duty members and dependents are walk-ins from 2 to 3 p.m. Tuesday. For all wills and retiree legal assistance, call 707-424-3251 to make an appointment.

Tuskegee Airman Lee A. Archer Chapter. Meets at 1 p.m. third Saturday of the month at Nut Tree Airport. For more information. call James Harris at 707-631-6361.

Voluntary Leave Transfer Program. The following Travis employees are approved as leave recipients through the Voluntary Leave Transfer Program:

- Jessica Pope, 349th Air Mobility Wing.
- Tony Brown, Scott Air Force Base.
- James Van Nostrand
- Anonymous employee, McConnell Air Force Base Kansas

The VLTP allows an employee who has a medical emergency or is affected by a medical emergency of a family member and is without availability of paid leave to receive transferred annual leave directly from other employees. For more information, call 707-424-1720.

What's Cookin' Wednesday. Free lunch at the Travis AFB USO Bldg. 1348. Served from 11 a.m. to 1 p.m. every Wednedsay. For active duty. Guard, reservist and their families

Local events

Events

Benicia Art Walk. 2 to 7 p.m. second Saturday of the month in July, September, October, downtown. www.artsbenicia.org/ benicia-artwalk.

Benicia Farmers Market, 4 p.m. Thursdays, through October, First Street between B and D streets, 745-9791 Fairfield Farmers Market. 3 p.m.



Thursdays, through Oct. 7, corner of Jefferson and Texas streets. www.fairfieldmainstreet.com. Ghost Walk, Benicia. 8 p.m July 6, July 20 Jeaves from 90 First St 745-9791

Ghost Walk, Suisun City. 8 p.m. July 21, leaves from Virgil's Bait Shop, 201 Main St., Suisun City; 8 p.m. July 22, leaves from the Lawler House, 718 Main St. www.suisunwaterfront com

Ghost Walk, Vacaville. 7 p.m. July 11, leaves from 618 F. Main St. www.napaghosts

The Hub. Open mic, 7 p.m. July 6; Fantasy role playing, noon July 7; Poetry by the Bay open mic. 6:30 p.m. second and fourth Thursdays. 350 Georgia St., Vallejo. www.thehubvallejo.com.

"Lunchtime Laughs." Noon the first Friday of each month, Vacaville Public Library-Town Square, 1 Town Square Place. Free. www.solanolibrary.com

Museum Summer Series, U.S.S. Hornet presentation, 7 p.m. July 24, Vacaville Public Library-Town Square, 1 Town Square Place. Free. www.solanolibrary.com

"Sounds of Suspense." Radio broadcast, noon fourth Friday of each month, Vacaville Public Library-Town Square, 1 Town Square Place. Free. www.solanolibrary.com.

Summer Movie Series, "Wonder Woman," dusk July 7; "Coco," July 14; Sheldon Plaza Suisun City Free

Vallejo Art Walk. 5 to 10 p.m. second Friday of each month, downtown Valleio, Free admission. www.vallejoartwalk.com.

Vacaville Farmers Market, 9 a.m. to 1 p.m. Saturdays, through Oct. 27, Creekwalk Plaza at Andrews Park, downtown Vacaville. www.facebook.com/VacavilleFarmersMarket

Vallejo Farmers Market. 9 a.m. to 2 p.m. Saturday, year-round, Georgia and Marin streets. www.pcfma.com

Vintage Market. 9 a.m. to 2 p.m. every third Saturday St. Paul's United Methodist Church 101 West St. Vacaville 925-978-6989

Wine Tasting on the Square. 5:30 p.m. Thursdays, through Aug. 9, 700 Main St., Suisun City. www.suisunwaterfront.com.

Art exhibits

Artiszen Cultural Arts Center, Gallerv open 11 a.m. to 5 p.m. Wednesday through Friday, noon to 6 p.m. second Friday of the month. Friday, 11 a.m. to 2 p.m. Saturday, 337 Georgia St., Vallejo. 649-8984, www.artiszen.org.

ArtPhit. Open 10 a.m. to 6 p.m. Wednesday through Saturday, 726 Texas St. Fairfield. 439-3573.

Arts Benicia. "Cutting Edge - Nontraditional Glass." July 21 through Aug 26: open noon to 5 p.m. Wednesday through Sunday during exhibitions, 991 Taylor St., Suite 114, Benicia. Free. 747-0130, www.artsbenicia.org.

Benicia Plein Air Gallery. Mary Lou Correia is July's featured artist, reception 3 to 6 p.m. July 14; open 11 a.m. to 5 p.m. Thursday through Sunday 307 First St Benicia 495-2940, www.beniciapleinair.com.

The Corner Store Gallery. Open 8 a.m. to 5 p.m. Monday through Friday, 10 a.m. to 3 p.m. Saturday, 320 Cernon St., Vacaville. 688-8889, www.thecornerstoregallery.com.

El Comalito Collective. QOTOC + Pride Mural, through July 28; open 10 a.m. to 3 p.m. Friday, 9 a.m. to 3 p.m. Saturday, 10 a.m. to 3 p.m. Sunday, 302 Georgia St., Vallejo. www. elcomalitocollective com

ADM

From Page 7

and her new life blasted into motion.

excited about it, she grew to enjoy her job.

One day while Gamez was out working, she got a call to leave her post and come back to the squadron. Butterflies filled her stomach as she came to her flight chief's office worried she had made a mistake on the job, unaware she was about to be chosen for a highly sought-after opportunity.

an advance designated marksis failure. My squadron was to pass, and I didn't want to disappoint them."

succeeding, Gamez traveled to Fort Bliss, Texas, with another security forces member to complete training.

ADM training qualifications rely heavily on individuals working in teams of a shooter and a spotter. To her surprise, Gamez's journey of resilience continued when working as a team didn't come as easy as she'd imagined. Being disconnected greatly affected the probability of qualifying, so she knew they'd have to dig deep and work harder.

"Your qualification is in your spotter's hands, so they can fail you," Gamez said. "If you don't pass, you're going home." Right before her first qual-

Тор From Page 5

ments

The winners are authorized man of the Year Ribbon with the bronze service star de- lect "Any" from the dropdown vice on the ribbon. They are menu and search "12 OAY."

unstoppable, she said.

Gamez entered the security forces career field, and although she initially was not too

"I was scared I wasn't going to do well," Gamez said regarding her selection to qualify as man. "One of my biggest fears sending me and relying on me

Despite her uncertainty in

well-assembled weapon, their ish it." execution was accurate and

the final 12 Airmen based on superior leadership, job performance and personal achieve-

From that moment forward, Gamez and her partner went above and beyond to pass the course. The trust they developed for one another helped Gamez achieve the title "Best Spotter" and her comrade 'Best Shot."

"It's awesome how we got better at being able to trust each other," Gamez said. "Trust is everything when it comes to qualifying at ADM training."

Gamez and her comrade completed their training and returned to the 19th SFS as advanced designated marksmen. Gamez overcame her fear of failure and realized she could do more than she ever thought she could.

"(The 19th SFS) chose me for a reason," Gamez said. "They see something in me I don't see in myself."

Gamez continued to work in the squadron like normal until another individual came to her and congratulated her on becoming the first female in about five years to complete ADM training. Shocked, Gamez double-checked the information, and sure enough, she was notified of this incredible accomplishment.

She hopes that other females realize that if she can break through her fear of failure and complete ADM training, others can too.

"If I can do it, anybody can do it," she said. "I passed ADM and know they can do it too."

Gamez's path of resilience gave her the ammunition it took to succeed. Every fear and uncertainty that crossed her path was one more challenge Gamez set her mind to overcome.

"Whenever my mind is set ification, Gamez and her com- on something, I'm stuck on it," rade came together, and like a Gamez said. "I'm going to fin-

And she did.

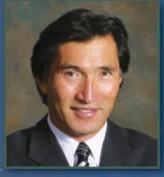
also authorized to wear the Outstanding Airman of the Year badge for one year from the date of formal presentation. The remaining 24 nominees are authorized to wear the OAYR.

Additional award information and responsibilities are to wear the Outstanding Air- available on myPers from a CAC-enabled, .mil computer. Se-

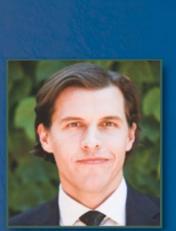
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Commitment to patients, nation

The Military Health System's mission is to ensure the medical readiness of the nation's armed forces and provide world-class healthcare for its 9.4 million beneficiaries, Bono told the committee.

As part of the larger U.S. health system, the Military Health System has a shared responsibility in addressing the nation's opioid epidemic, she said.

"This crisis is touching the lives of so many of our fellow citizens and the department is committed to playing its part to help combat the epidemic and ensure our patients receive the finest care we can provide," Bono said.

Efforts

From Page 10

medical risks exist," said Maj.

Gen. Scott J. Zobrist, Ninth Air

Force commander. "Having

Public Health engaged in our

scenario forced us to think about

and plan for medical issues we

had not previously encountered."

STAFFEX 18-4 included the ex-

panded role of the Air Reserve

components like that of De-

Huff and Mack. In addition to

Another vital piece to

She explained DoD's approach to the opioid crisis has a dual focus: to implement a comprehensive model of pain management that focuses on nonpharmacologic pain treatments; and to optimize safe usage for patients when opioid use is necessary.

The department, according to Bono, is "making headway, but there is more to be done in educating our patients and providers on threats from opioid addiction and strategies to reduce abuse."

Michigan, this iteration included ARC members from units in California, West Virginia, and Connecticut.

JULY 6, 2018

"The Air Force Reserve Command and Air National Guard continue to play a huge role in our JTF manning," Zobrist explained. "When operational, roughly half of our JTF manpower will come from the ARC. In addition to military proficiency, our guardsmen and reservists bring a host of other realworld experiences and fields of expertise to our JTF." JULY 6, 2018

JOSE

From Page 10

conducted an in-depth analysis of office supply purchases. This records review showed approximately 1,600 GPC cardholders across U.S. Air Forces in Europe bought office supplies from more than 400 different vendors meaning there wasn't any bulk purchase benefits. U.S. Army Europe office supply purchases were similar – 900 cardholders making more than 9,000 buys





from 300 vendors.

Together, the Army and Air Force spent about \$13 million without any discounts on their approximately 20,000 purchases.

"As the strategic sourcing opportunity continued to look more promising, the results were shared with our Army colleagues at the 409th Combat Support Brigade through our cross-talks," she said. "The 409th was so very interested in participating that they offered to conduct the procurement."

With today's JOSE program, the Army continues to spearhead contracting activities and the Air Force serves as program management. Together, the services now purchase strategically and continue to look at opportunity for growth and additional savings.

"We have experienced a great partnership with the Army on this program," Shatto said, with the joint team meeting quarterly to discuss program status.

"It's been so successful, we ing operation in Europe.

have recently decided to pursue a follow-on effort since the original blanket purchase agreements end in May 2019," Shatto said.

As part of the program, AFI-CA also receives quarterly business analytics from the three vendors without extra charge. This introduces spend data that isn't provided from US Bank GPC reports and opens the door to further strategize office supplies, said Marianne Seufert, chief of AFICA's strategic sourcing operation in Europe.

In addition to the Army partnership, Seufert recently attended the European Contracting Conference in Naples, Italy, where she "extended usage of our savings producing contract to Navy installations in Europe," she said.

Additionally, she briefed the JOSE program to other Department of Defense and NATO contracting personnel in an effort to expand participation to potentially leverage more buying power and save additional taxpaver dollars.

Reconsiders

From Page 8

thorough assessment and idenple beat an alcohol-use disorder

2,000 are diagnosed with an alcohol problem.

An Air Force staff sergeant



Music From Page 5

together professionally with various musical groups.

"For me, one of the best parts of getting to perform this piece is to have a chance to work with my good friend and colleague one more time," said Muñoz.

The concerto begins with a melody on cowbells, then the composer's various musi-Cuban street parade rhythms. Air Force.

Mostly influenced by Cruz's father, both musicians grew up playing these rhythms in Puerto Rico.

"In my opinion, what makes this piece important to me is the fact that a very close friend had the thought of writing something for me, based on my experience, musicality, and percussive expressions," said Cruz.

Airmen musicians have the chance to interact with transitions to the second part the general public and rebased on the Peruvian Waltz cruit through music on a reg-Cajun rhythm, representing ular basis. Collaborating on





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Three-peat

From Page 4

just approaching what needed to be done."

Television host Alex Trebek and his production team from the game show "Jeopardy" added to the excitement of this vear's competition, interviewing cadets for an upcoming teen version of the show. While the Junior ROTC Academic Bowl is an educational program designed to prepare students for high school exit and college entrance exams, it also served to educate Trebek.

"This event is an eye-opener," Trebek said. "I had heard of ROTC. I had not heard about Junior ROTC and all of the goals that it tries to fulfill for the young students before they get to college."

el competition for high school Junior ROTC units to participate in throughout the school year. Following online qualifying rounds, 16 teams traveled to Washington, D.C., to compete for the chance to represent the Air Force in the championship round. This year, 327 Air Force Junior ROTC teams participated, an increase of 80 teams from last year's competition

The competition includes a mix of Junior ROTC curriculum, English, Math and Science, all skills that contribute to the Air Force Junior ROTC core mission of developing citizens of character.

"Our goal is to support our country," said Col. Paul Lips, Director Air Force Junior ROTC. "But, these are high compete at the level required."

The Junior ROTC Aca- school kids and they are learndemic Bowl is a multi-lev- ing what it takes to succeed by showing hard work and dedication to a team, putting the team first, and going out there and competing."

J.S. Air Force photo/Staff Sgt. Rusty Fran

JULY 6, 2018

Representing the Air Force from Scripps Ranch High School were cadets Raymond Sun, Albert Gu, Alan Hang and Jackwin Hui, led by their Junior ROTC instructors, Lt. Col. Michael Sheldon and Master Sgt. Ferdinand Toledo.

"This competition is a true testament to the word teamwork," said Scotty Lewis, deputy director of Air Force Junior ROTC. "To prepare a winning team took countless hours of preparation, discipline and studying, as well as guidance provided by the instructors and team mentors, to

tifies treatments and tools that have been proven to help peo-

Lt. Col. Mikel Merritt, Air Force Alcohol and Drug Abuse Prevention and Treatment branch chief at the Air Force Medical Operations Agency, said ADAPT sees 6,500 referrals a year for intervention and assessment. Of that number,

in Montgomery, Alabama, who his life. Years of heavy alcohol use caught up with him in 2016, he said. By then, he had be-

bottles, and patronizing liquor stores that were miles out of his way so that he wouldn't see anyone he knew. A phone call with his mother, who told him he reminded her of his alcoholic father, motivated the staff sergeant to go to ADAPT.

"In the military, you (could be) fighting two wars," said the 37-year-old medical-group worker. "Alcohol was a terror for me. ADAPT gave me the tools to fight it."

Merritt explained that ADAPT's treatment is based on motivational interviewing, a therapeutic practice that helps service members foster a desire to make changes in their lives while building their confidence to do so, and cogniasked to remain anonymous, tive behavioral therapy. While credited ADAPT with saving ADAPT doesn't require that members attend AA, it doesn't discourage them, either. "(I've found that) evidence for AA is

"Alcohol was a terror for me. ADAPT gave me the tools to fight it."

- Anonymous staff sergeant

as beneficial as a stand-alone treatment."

The Joint Army/Navy/Air Force military treatment facility at Fort Belvoir, Virginia, has a similar philosophy. While the AA 12-step model is a component of its program, the facility also relies on other resources to promote sobriety, such as motivational interviewing, cognitive behavioral therapy, family therapy, and art and recreational therapy.

Army Maj. John Hunsakcome paranoid, going so far as mixed," Merritt said. "It seems er, medical director of the res- noted. "The goal is to prevent changing trash bags so that no good at providing support to idential treatment facility at those things from happening," one could see the empty liquor the member, but (by itself) isn't Fort Belvoir, said some service

members may ask for help with alcohol problems on their own, while others have to be directed by their commander. He said there are warning signs to look for, such as:

• Drinking to deal with emotions or stress.

Craving alcohol.

• Inability to have just one drink.

• Decreased performance at work

· Stealing or lying to cover up substance use.

• Experiencing withdrawal symptoms

Hunsaker said the number of warning signs that apply can indicate the extent of the problem. He reiterated that no one will be punished for coming forward and seeking treatment. By not getting help, drinking can become worse and cause missed days of work or even a DUI conviction, Hunsaker he said

Although asking for help was a difficult decision for Gibson, the rewards have been great. Today he's able to be mentally present while his son does his homework - which wasn't the case before treatment

"The only way I was able to go to ADAPT was (by) accepting that it was literally a choice between life and death, he said. "(I chose) life."

In addition to the Air Force program, the other Services have substance treatment programs: Army Substance Abuse Program, Navy Alcohol Abuse Prevention, Marine Corps Substance Abuse Program. There's also the Veterans Affairs Substance Abuse Program. And the Substance Abuse and Mental Health Services Administration offers a national help line, 1-800-662-4357, which is staffed 24 hours a day; or visit Military OneSource for more information.

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Berlin

From Page 4

Taking on the feeding and care of thousands would take a monumental effort and a minimum of 4,000 tons of food and fuel per day.

"We flew in 12-hour shifts. If we started out at 8 o'clock, we would be flying all night into the next day," Halvorsen said. "There were two major shifts, one was at daylight, and one was at night. We would get up a couple hours ahead of time and head out to the airplane and preflight check."

This was not always a milk run. The weather was a particular danger.

"Later on, we got radar, and our blood pressure went down 10 points. Radar saved our lives. Every approach we would make would be an instrument approach whether it was clear as a bell or not because you had to keep the distance between the airplanes. Every landing felt like you were in the clouds," Halverson said.

At the height of the Berlin Airlift, aircraft were landing every three minutes, supplying up to 13,000 tons of food, coal and medicine a day, according to the Air Force Historical Support Division

This coordinated effort relied larger on the weather. One day while waiting for the rain to stop, Halvorsen noticed something

"I saw all these children at the end of the runway," he recalled

But he and the others did not give them much thought as they all felt the Soviets could not keep the blockade up much longer.

"I wanted to get around town to West Berlin and get movies of all this destruction we see from the air and how these kids were living," Halvorsen said.

Little did he know how much those Berlin children would reinforce his Utah family's second life lesson: Gratitude.

Halvorsen and his crew finished their flights around noon one beautiful mid-July day. Normally, the aircrews would catch a few hours of sleep before the next 12-hour shift. But today was different, Halvorsen still hankered to see the ground of Berlin and he had his movie camera with him that day.

"I told my co-pilot and crew chief to go to bed: I was going to Berlin," he announced.

On the flight line, a colleague was about to start engines. Halvorsen had already called ahead to arrange a jeep for his sightseeing visit when he hopped on the cargo plane.

Jeep driver to hold on I would be right back," he said. "I ran to the end of the runway and shot pictures of the airplanes coming up over the bombed out buildcame up to the fence. Those kids were friendly. I was there for almost an hour. I was just taken with them as they spoke English pretty well. We were having a great time."

Turning back to the car, a voice chimed into his head.

"I had been to other countries where the kids had chocolate," he said recalling that moment nearly 70 years later. "When George Washington visited his troops, he had little hard candies in his pocket for the kids. That was nothing new. But these kids had not had chocolate for a couple of years. Not one out of the 30 broke ranks and said 'Do you got candy?' When I realized that, it just hit me like a ton of bricks; black and white. I just could not believe that quality of character called gratitude. They were so grateful. They were thankful for their freedom. When I realized that, I thought I got to do something. I reached in my pocket, and all I had was two sticks of gum."

Convinced that everyone deserved a treat or no one did, Halvorsen took about three gle the wings back and forth. So was set-up in Massachusetts.

ing him back to the fence.

"Boy, when I stopped and started back, those kids came to attention," he said. "I pulled ings. Eventually, the children out two sticks of gum and broke them in half and passed it to the kids doing the translating. I couldn't believe what I saw. The he was doing the right thing, or try to grab it. The kids that got half a piece of stick of gum tore off the wrapper and passed it. The kids that got a strip of paper, put it up to their nose, smelled it and their eyes got big. They were dumbfounded. They clutched it in their hands to go home and show their parents, if shoot. they had any."

> An idea came to Halvorsen – return tomorrow.

"I will be flying overhead, and I will drop enough chocolate for all of you," he announced to celebration going on."

Halvorsen made one demand of the children. They must share the candy. They agreed, but another question arose. With planes arriving every few secen's?

"When I landed, I told the more steps and the little voice I said, 'Kids, you watch the aircame back clear as a bell direct- plane. When I come over the center of Tempelhof, if it is clear. I will wiggle the wings.' That is how it began."

JULY 6, 2018

The candy bomber was born and the act would soon be named Operation Little Vittles. With his mind made up that

other kids didn't push or shove Halvorsen used his candy ration cards for chocolate bars and planned for the flight.

Flying between barbed wire and bombed-out buildings, Halvorsen instructed his flight engineer to push the candy wrapped with a small, cloth parachute out of the a flare

"Every day, we would see a few more kids come out there. We did that about three weeks before we got caught. It turned out okay." he said.

By the time the news hit the the children. "When that trans- papers of the candy bomber, it lated to everybody, there was a was too late to stop the momen-

What started as a few bars of chocolate because of the gratitude of a few dozen kids turned into worldwide news as the donations of chocolates and little onds, how would the children parachutes allowed a total of 23 know which one was Halvors- tons of candy to be dropped to children in their war-torn town. "When I would fly over the Letters came in through the farm (back home), I would wig- mail, a volunteer packing station

"It was just a synergy that went crazy," he said. "I couldn't believe where it all came from. It just warmed my heart to see the generosity."

The other quality his father instilled in him and made the operation a success was attitude, Halvorsen said.

"The kids thought someday we will have enough to eat, but if we lose our freedom, we will never get it back. One philosopher said something like, 'I can really control how I feel about 95 percent of the things that happen to me.' That is attitude...It makes good things happen and makes lemonade out of lemons."

Eleven months after the start of the blockade, the Soviets caved and in May 1949, the seizure ended. However, for Halvorsen things would never be the same.

"That little decision with two sticks of gum changed the rest of my life," he said. "Little decisions you make put your footprints on the path that leads to vour destination - good or bad."

JULY 6, 2018

Hight

From Page 2

of victory at sea, conquests on land and some of military aviation's greatest successes. The moments of heroism known to country because, as America is a blend of races and cultures, my uniform is a woven, visual of freedom.

Without a word, this uniform also whispers of freezing troops, injured bodies and Americans left forever in foreign fields. It documents every serviceman's courage, who by accepting this uniform, promises the one gift he truly has to give: his life. I wear my uniform for the heritage of sacrifice it represents and more.

No factor in America's growth has been greater than the men and women who have worn her uniform to help keep journeyed to the moon, always them. Their service to her has been a legend of honor.

pride for it represents the greatest nation of free people uniform as standing for miluniform is an extension of my people and my nation.

others do not. America's freedom is a right given by God, but defended by man. It is our preserve our heritage of freedom for all Americans and I accept that challenge willingly.

country because of its history. to America, its representation of my people and because of my desire to live in a free land. Hopefully, I wear this uniform in peace. But America's enemies must know that I will before me have stood.

stand alone.

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Klein

her strong. In war and in peace, they have circled the earth and carrying America's ideals with I wear my uniform with in the world. America serves as an example of those who strive to be free. They recognize this lions of Americans who respect their world neighbors and wish to live in peace with them. My Most importantly, I wear the uniform of my country because

added medals and insignia laud us all. I wear the uniform of my history of her people's courage, determination and unique love

overwhelming responsibility to I wear the uniform of my its heritage of honor, its service stand fearlessly in war as those

I pray only that I do not

From Page 2

our families. We enjoy tremendous relationships with our Reserve partners in the 349th Air Mobility Wing, the 621st Contingency Response Wing, and the host of other mission partners around the base. Travis is fortunate to reside in the heart of Solano County where we enjoy exceptional support from the surrounding communities, civic leaders, businesses, and institutions. "Team Travis" truly extends well bevond our fence line. I must also acknowledge the selfless support and sacrifice of our families and loved ones - including my own – who so often bear the challenges of military life. Thanks to all of you for the incredible support you

Wilson

From Page 9

Pilot Training Next is a program to explore and potentially prototype a training environment that integrates various technologies to produce pilots in an accelerated, cost efficient, learning-focused manner. The training uses immersive technology to see how Airmen can learn more Antonio.

so genuinely provide.

I have also been blessed with an incredible command team over the past two years. To my command chief, and past and present vice commanders, group commanders, deputies, and superintendents, squadron commanders and their superintendents, first sergeants, and the wing staff – thank you for your hard work, support, loyalty, and dedication to our Airmen and the mission. These are incredible leaders who selflessly draw from deep wells of dedication and talent to serve their organizations and the people within them. They and their families have my utmost respect and admiration.

Time has now come for new leadership to take the helm. The Air Force prides itself on continuously renewing its leadership pool in order to prevent stagnation and to encourage

effectively.

"Technology has changed quite a bit, but the syllabus for pilot training had not significantly changed in about 20 years," Wilson said. "The Air Force is partnering with industry and educators to build a training environment that integrates today's latest technology to improve pilot training."

The next stop for Wilson was a visit to Joint Base San

Optometrist

innovative progress in its organizations. I am excited for the wing that I get to pass the flag to Col. Ethan Griffin, whom I have known for the last decade. He is an outstanding leader who will apply his own leadership style to build upon the successes we have achieved over the last two vears. He and his wonderful family will certainly shepherd the wing well. I ask you to embrace the change that will surely occur with leadership turnover throughout the wing and quickly get on with supporting your new commanders and their visions for your units.

As my family and I depart this special place I will leave you with this bit of advice: as the 60th Air Mobility Wing and Travis Air Force Base move forward, I ask you to believe deep down that there are no bounds to what you can achieve personally, professionally, and

At JBSA-Randolph, Wilson met with members of the 12th Flying Training Wing to discuss the pilot instructor training, introduction to fighter fundamentals, weapons systems officer training and remotely piloted aircraft pilot and basic sensor operator training missions.

While at JBSA-Lackland, Wilson had the opportunity to engage with new Airmen and their families, and also serve Force in the world."

operationally. I ask you to continue to embrace challenges and obstacles, to lead and innovate in order to adapt and overcome. I ask that you continue to seize opportunity and take calculated risk. You are empowered to create a better way. Continue to ready yourselves to win tomorrow's wars. Own your job, your unit, your morale-tomorrow's Air Force lies within your hands.

I could not be more proud of you and the community in which we serve - well done. I feel that the Klein family is not necessarily leaving Travis, but rather taking it with us. I am extremely blessed to have had the opportunity to serve as your commander. It has been the most cherished duty of my career.

With deepest respect and gratitude, thank you, Team Travis

as the reviewing official during the Basic Military Training graduation parade. There she welcomed 628 new Airmen into the Air Force.

"To our newest Airmen, every one of you comes here with a story," Wilson said. "You bring with you your history and your family's history to our nation's defense, and you are now part of our story as Airmen in the greatest Air

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Guam

From Page 8

kind of vessel before," said

Simpson, "We knew this was

form of a popular culture ref-

erence. The canoe just so hap-

pened to resemble one helmed

about the vessel, and the dis-

patcher told us 'it's just like the

Simpson, who'd never seen the

film, but it gave the rest of the

crew a clear idea of what to look

For more than three hours,

the crews scoured the ocean for

the wayward vessel. At approx-

imately 2:45 p.m., the crew in

Raider 11 spotted a small wood-

en canoe with a white sail and

six passengers on board. Some-

how, in all that swath of ocean,

they had found the small wood-

about 19.000 feet," said 1st Lt. Jordan Allen, 20th EBS crew

member. "It's really a small

miracle that we were able to see

it because there were quite a bit

were able to give the Coast

Guard the coordinates, who

then contacted a nearby civil-

ian ship to voluntarily assist in

traveling in a vessel important

to their culture and heritage.

They didn't want to leave the

canoe, but gratefully accepted

food, water, and directions back

to land. The mission was suc-

able to help," said Jordan. "This

is a highlight of our tour here. It

shows the spirit of teamwork we

all have. Not just the aircrew,

but the Coast Guard and every-

"We were so excited to be

The local islanders were

The B-52 crew members

"We spotted this vessel from

boat from Moana'.'

for

en boat.

of clouds."

the recovery.

cessful.

"We asked for more details

The reference sailed by

by a famous Disney princess.

However, aid came in the

going to be a challenge."

Hot cups

From Page 3

be produced that are stronger than the handle now on the hot cup.

Nicholas Wright, a volunteer 3D designer and printer with the Phoenix Spark office, worked on creating the prototype for the new handle.

"The process took us about a week to develop a solution for the hot cup handle from learning the software to figuring how to physically print it," said Wright. "We talked to air crew members about how they'd like it designed. They recommended a more ergonomic design. The reason for this is because the original handle is placed upside down so aircrews wanted a mix between comfort and strength. We achieved that in about seven days."

The solution Wright and his team came up with features a curved handle.

"The handle currently on the hot cup has a square bottom, which creates a weak point on the handle, so any time it is dropped, the handle splits shortly after impact," he said. "Our new rounded handle reduces that weak point. The handle we designed is stronger and capable of being printed at most Air Force bases."

One of the reasons the curved handle is stronger. Wright said, is because of the layered printing that's possible with 3D printing.

"Think of a tree that has multiple lavers so it's extremely strong in multiple directions," he said. "The new handle has stacked layers with a solid piece around it so it's similar to the layers of a tree."

With the new design, the handle is also much cheaper to replace. Over the past three years, the 60th APS has spent nearly \$56,000 to replace broken hot cups.

With the new design, the unit could save thousands of dollars, said Wright.

"Imagine you have to replace 40 hot cups each year at ever-increasing prices," he said. "It's much cheaper for us to replace the handle on 40 cups at about 50 cents per handle rather than purchasing 40 cups for more than \$1,200 per cup."

The prototype for the new handle was shared with the Air Force Life Cycle Management Center at Wright Patterson Air Force Base. Ohio. The center is responsible for total life cycle management of Air Force weapon systems.

"They are working through all the

The nursing staff serve in

almost every capacity, from

critical care and education

to flight and squadron com-

manders. Technicians are also

spread throughout DGMC – in

DAISY

From Page 6



U.S. Air Force photo/Tech. Sgt. James

A hot cup sits on a counter inside a KC-10 Extender June 21 at Travis Air Force Base. Calif. The base is working on developing a new handle for the cup, which could save the Air Force thousands.

processes, quality standards and materials to try and put out a playbook on how we can 3D print the handle so it's approved to be on an Air Force aircraft," said Mc-Guire. "Once we get that guidance, we can print the handles at Travis."

Wright said he's proud he could make a positive impact on the Air Force mission.

ing here, I'm supporting a cause I believe in, helping the Air Force save money and man hours. That's important because if vou save money and man hours, vou can put those things toward other resources such as research and development, training and readiness."

"I'm here to help," he said. "By be-

The foundation will feature award winners on its website and provide cinnamon rolls for the winner's unit. Cinnamon rolls are one of the last foods Patrick ate

According to the founda-

remember how special they are.

To nominate a nurse or technician, contact one of the coordinators or complete a nomination form, which are available at the information desks inside DGMC. For more information about the program, conJULY 6, 2018

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clinics, laboratories, in-patient wards and pharmacies. As they progress in rank, technicians can become superintendents and flight chiefs.

"We also help train new (resident) doctors and advocate for our patients," said Hopper. Taylor, Hopper and Da-

supervisor, will coordinate the Zimbabwe," she said. DAISY Award program, but a civilian panel will select the quarterly winner, said Taylor.

"The winner will be recognized at a ceremony in front of the entire unit and receive a pin, certificate of recognition and a hand-carved

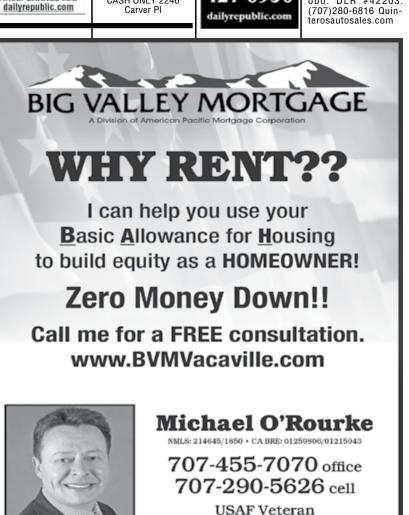
tion's website, whenever nurs- tact Taylor at 707-423-3220 or vid Evans, 60th MDG nurse stone sculpture that is made in es smell cinnamon, they should Harper at 707-423-7631.

one else who was able to help."

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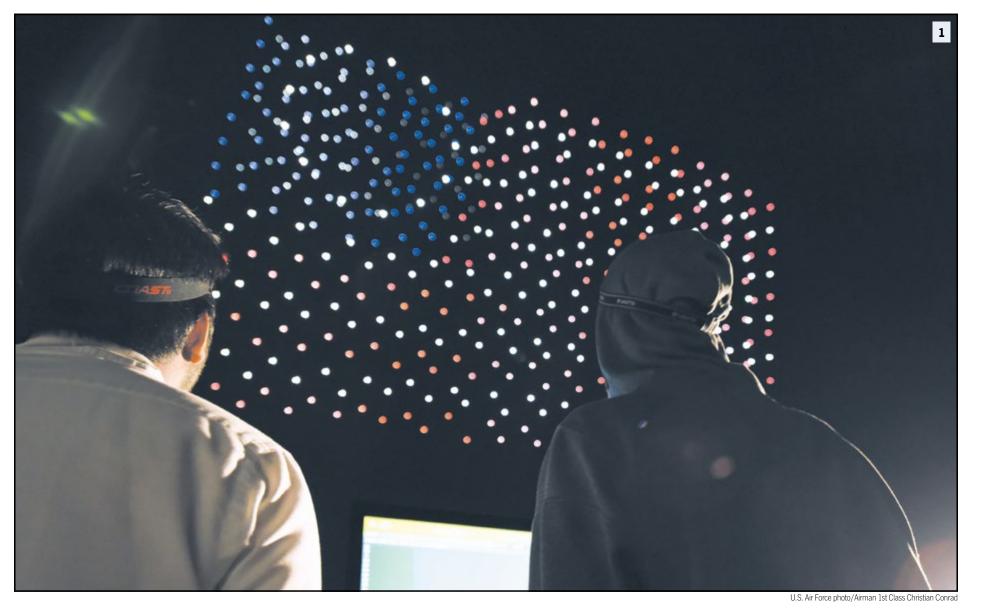
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TAILWIND 29



Drone performance reaches for ... 1) Two Intel drone

technicians troubleshoot a choreographed drone display June 28 at **Travis Air Force Base**, Calif. 2) Two Intel drone technicians take special care in ensuring each drone in the show's choreography does its job. 3) Shilpa Patel, left, shows Violet Santos, 2, an Intel Shooting Star Drone June 28 at Travis.



U.S. Air Force photo/Airman 1st Class Christian Conrad



Daily Republic photo/Aaron Rosenblatt







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